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New Poll: Voters Express Universal Support for Health Insurance Companies Covering Mental Health Services

New national poll results find that there is bipartisan support for increased coverage and access for mental health services in the U.S.

Washington, D.C. – A [nationwide survey](#) commissioned by Centerline Liberties and conducted by Republican pollster Alex Lundry shows strong (91%), bipartisan support for health insurance companies to cover mental health services when prescribed by a doctor.

"Across the board and year over year, Americans agree that mental healthcare should be covered by health insurance," **said Alex Lundry, Co-founder of Redbud Consulting.** "This is one of the few issues in public opinion research where Republicans and Democrats alike cross the aisle in support of a common healthcare policy, as nearly everyone knows someone who's faced challenges in receiving such care."

"With the negative stigma surrounding mental health care continuing to fade, public support for ensuring individuals are able to access the care they need is rapidly increasing," **said James Dozier, President of Centerline Liberties.** "Maintaining mental wellbeing is just as important as routine annual physicals, mammograms, skin care checks, and more, and as such should receive the same level of coverage, and the numbers are there to back it up. At a time when healthcare is at the center of the national political conversation, elected leaders would do well to listen to voters and ensure mental health is prioritized."

"Good mental health care should be easy to get and easy to afford, yet families are constantly battling a system that denies or delays the care they urgently need," **said Bill Smith, CEO of Inseparable.** "Voters are clear: mental health care is health care, and insurers should treat it that way. When a doctor says someone needs help, insurance companies should not stand in the way—and this poll shows Americans want leaders who will finally fix that."

Topline numbers include:

- Mental health coverage has universal support.
 - 91% of registered voters support requiring health insurance companies to cover needed mental health care when prescribed by a patient's doctor, with 63% strongly supporting it.

- 92% agree with the statement, "Insurance companies need to stop getting in between patients, their doctors, and their healthcare, including mental healthcare. If a doctor prescribes a patient mental health services, insurance company bureaucrats should not be able to deny coverage for it."
- Support is widely bipartisan.
 - 90% of Republicans and 92% of Democrats believe that insurers should be required to cover prescribed mental health care.
- Denial of care has had a large impact.
 - 4 in 10 respondents reported either being personally affected or knowing someone who has been affected by a health insurance company making access to mental health care difficult.
 - 22% of Americans said that it was either extremely or very difficult to access that care in this situation.

For more information on the poll, which surveyed more than 800 registered voters across the U.S., read the [memo](#) and [toplines](#).

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