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Centerline Liberties Poll Finds that Two-Thirds Of American Voters Report Social Isolation

The Second Month of the Centerline Tracker Reveals Youth Loneliness, Screen Addiction, and Broad Bipartisan Support for Community Policy Solutions

Washington, D.C. – A new monthly survey conducted by Republican Pollster Alex Lundry on behalf of Centerline Liberties found that two-thirds of American voters showed at least one sign of social isolation in the past week, with a third exhibiting every sign measured. Isolation skews heavily toward younger demographics, with 78% of voters under 45 reporting signs of disconnection, flipping the traditional stereotype of the lonely senior.

A polling memo detailing the survey's key findings and methodology can be found [here](#). Marking the second wave of an ongoing monthly survey series by Centerline Liberties exploring the most critical issues facing Americans, the data reveals that while voters view connection as an individual responsibility, broad consensus exists for targeted policy interventions.

"The stereotype of the lonely senior has it exactly backward; it is our youngest voters who are struggling the most with feeling disconnected and cut off," said **Alex Lundry, Co-Founder of Redbud Consulting**. "While 66% of voters say addressing isolation is mainly up to individuals and families, voters of every party backed every single community policy solution we tested by landslide margins."

"Americans are telling us loud and clear that government shouldn't try to force social connection, but it can help clear the way," said **Will Devine, Centerline Senior Advisor**. "There is an overwhelming, bipartisan consensus for common-sense guardrails, especially when it comes to keeping screens out of schools and protecting kids online. Voters want policies that strengthen the physical places and institutions where real-world community actually happens."

Topline numbers include:

- **The Scope of Social Disconnection:**
 - 67% of voters reported at least one sign of isolation in the past week (lacking companionship, feeling left out, or feeling isolated), and 36% reported all three.
 - **Youth Isolation Gap:** 78% of voters under 45 show signs of isolation (nearly half show all three), compared to just 43% of voters 65 and older.

- **Cut Off, Not Worthless:** Despite these significant isolation numbers, 84% of voters still feel they matter to the people in their lives.
- **Behavioral Impact:** 36% of voters have not had a single guest in their home in the past month.
- **Screens, AI, and Isolation:**
 - **Screens are Top Blame:** Voters named screen time (TV, streaming, phone) as their #1 personal obstacle to seeing loved ones (29%), and smartphones/social media as the #1 cause of national disconnection (39%).
 - **AI Companionship Skepticism:** 27% of voters have used an AI chatbot for conversation or emotional support, but 57% believe AI chatbots hurt more than they help a lonely person.
- **Overwhelming Bipartisan Support for Community Solutions:**
 - While only 34% see a direct government role in solving loneliness, majorities across all parties support key policy proposals:
 - 88% support School Phone Bans (56% strong support)
 - 86% support Park & Library Funding
 - 84% support Public Transportation Funding
 - 82% support Social Media Age Verification (54% strong support)
 - 81% support Voluntary National Service Programs
 - 77% support Insurance Coverage for Social Referrals
 - 65% support Tax Incentives for Returning Remote Workers

Please see the [memo](#) and [infographic](#) here.

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[Centerline Liberties](#) is a 501(c)3 nonprofit focused on forging consensus to advance centrist policy solutions capable of defending core constitutional freedoms and liberties, preserving a free market economy, and limiting the role of government in Americans' everyday lives.